

Faculty of Dental Sciences SGT University, Gurugram Department of Public Health Dentistry Out Reach Activities 2015

Department of Public Health Dentistry has organized 163 camps in year 2015 in districts Gurgaon, Jhajjar, Rewari and Delhi. The camps were organized in rural, urban and semi urban areas of these districts. These camps include both treatment and screening procedures. Various school camps were also organized. Special camps were also organized in collaboration with NGOs Reliance SEZ, District Court Gurgaon, District Jail, Jhajjar, Deepashram (NGO for physically and mentally handicapped children). A total of 14176 patients were screened in these camps in the year 2015. Out of which 751 patients were treated at the camp sites. Those patients who needs treatment but not treated at the camp sites were referred to the Faculty of Dental Sciences for their treatment. Various treatments were provided at the camp site like extraction, scaling and restoration of teeth etc. Mobile Dental Van and Canopies are used in the camps to provide treatment. Some of the outreach/extension activities organised by the department are as follows:

1. Daylong multispecialty mega healthcare camps were also organized on Sundays at various places namely Sohna, Tauru, Naharpur Rupa and Sirhol. Regular health education programs have been organized to create awareness among the rural population.









2. HEALTH DAYS CELEBRATED

World Cancer Day was marked on February 4, 2015 to raise awareness of cancer and to encourage its prevention, detection, and treatment. The primary goal of the World Cancer Day is to significantly reduce illness and death caused by cancer by 2020.

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On this occasion, a health education campaign was organized by the department of Public Health Dentistry to raise awareness that

there is much that can be done at an individual, community and governmental level, to harness and mobilize the solutions and catalyze positive change.

Dentist's Day was observed on 6th March 2015. It is a day to regard & appreciate the contribution of Dental Surgeons. Oral health education was imparted to all the patients, in particular by raising awareness of good oral hygiene and habits contributing to good oral health. Toothpaste samples were distributed with the support from Colgate-Palmolive Pvt. Ltd.





We also celebrated the *World Oral Health Day* on 20th March with the theme of the year 'Smile for Life'. It is an international day to celebrate the benefits of a healthy mouth and to promote worldwide awareness of the issues around oral health and the importance of looking after oral hygiene to everyone old and young.









3. A Dental Screening cum Treatment camp was organized by the department in association with a NGO International Global Development (IGD) & DLF Foundation in village Sikohpur (Gurgaon). Around 150 patients were screened & treated for the various oral problems. The principal problems were dental caries, periodontal diseases, malocclusion and oral cancer. Oral health education was imparted to all the patients.







4. School Dental Health Programmes:

Organization of dental care camps in schools of the nearby villages is a regular activity of the Dental faculty. Free transport is provided by the University for and fro commutation. Recently, a School Dental Health programme for screening for oral diseases along with 'Oral Health Education' to the school children was conducted at K.R.D. International Sr. Sec. School, New Delhi on 15th, 22nd & 24th July 2015. This endeavor of the Interns, PG students and faculty of the Dept. of Public Health Dentistry was highly appreciated.





5. Health Education to Anganwadi & ASHA Workers:

The Dept. of Oral Surgery in collaboration with Public Health Dentistry organized a health awareness campaign on 22nd July 2015 to create awareness among Anganwadi and ASHA workers regarding Basic Oral Health Care and Cleft Lip/Cleft Palate Care & Management.



6. Oral Health Camps at District Jail, Jhajjar:

Jail inmates are one of the target groups for oral health improvement. The Dept. of Public Health Dentistry, therefore, conducted a screening-cum-treatment camp on 1st May 2015 with an aim to evaluate the oral health conditions of the inmates so as to enable them to actively care for their own oral health. Around 150 male and female prison inmates were screened and treated for their oral problems. A few tips to maintain oral hygiene were also given to them.



7. World Health Day Celebration:

The World Health Day is celebrated every year on 7th April. On this occasion, a Special Denture Camp was organised at Basai Urban Centre of SGT University. A team of doctors from the Depts. of Public Health Dentistry and Prosthodontics, lead by Dr. Akshay Bhargava, Dean of the Faculty attended the camp. Over 50 patients were screened and treated. Those patients who could not be treated at the camp were referred to the University Hospital for



advanced treatment. Primary impressions were recorded for 15 patients requiring replacement of teeth. A special drive to educate the patients about importance of natural teeth was also conducted.



8. Oral Hygiene Day:

Every year, 1st August is commemorated as Oral Hygiene Day across the country to celebrate the birthday of Dr. G.B. Shankwalkar, a pioneer in the field of Periodontology in India. The Depts. of Periodontology and Public Health Dentistry in association with Colgate-Palmolive India Ltd. celebrated this Day on 3rd August 2015. Free dental check-up & patient education, distribution of free Toothpaste & Toothbrush Samples and lecture for Interns were the highlights of this programme.









9. Dental Camp for Slum Dwellers

A Dental camp was organized at Sanjay Amar Colony, ITO, New Delhi in collaboration with NGO Gavaksh on 1st December 2015. Around 250 patients were screened and treated. Also, the patients were educated on the importance of maintaining good oral hygiene. Free tooth pastes were distributed in order to motivate them



10. Dental Camp for Advocates

A free dental check up cum Treatment camp was organized with the support of advocate Mahender Singh Shekhawat of District Bar association at District court, Gurgaon on December 23rd 2015. The camp was presided over by District judge and many other important persons of District Bar Association. A good number of advocates turned up for dental check-up and treatment.





11. Budhera Village Adoption

Dental survey for village Budhera under Swa-Prerith Adarsh Gram Yojana has been initiated this month. A door to door survey covering complete family is being conducted bi-weekly on Monday and Friday. A meeting with the villagers was also organized on 13th December 2015 in order to form committees involving the village members and also to understand the needs of the villagers.



12. SCHOOL HEALTH EDUCATION PROGRAMS

Regular health education programs have been organized to create awareness among the rural population.





13. A comprehensive **Health exhibition** was organized on 17th December 2015 wherein school children from around 70 schools visited the university campus. A complete guided tour of the various faculties in the campus was given to these school children. Our department exhibited the study models and charts for the education and motivation of the school kids. Health Exhibition was organized for the school children in order to guide them for various career options after 12th class. Around 5000 students from various schools of Gurgaon, Delhi-NCR visited the campus.





14. HEALTH DAYS CELEBRATED

National	Toothbrushing	Day	was	celebrated	on	7^{th}	Novemeber	2015	where	in	free	toothpaste	and
brushes were distributed to school children													